



National Qualifications in Dance 2025 Prospectus for students

Contents

01	Introduction	P.3
02	About Empowerdance	P.4
03	Our Courses	P.5
04	Certificate II In Dance	P.6/7
05	Certificate III In Dance	P.8/9/10
06	Certificate III In Assistant Dance Teaching	P.11/12/13
07	Certificate IV In Dance	P.12/13/14
08	Diploma of Professional Dance (Elite Performance)	P.15/16/17
09	Assessments and RPL	P.20
10	Pricing	P.21
11	Contact	P.22

Introduction

Welcome to Toowoomba Ballet College!

Whether you're exploring courses for yourself or your child, our programs are designed to fuel your passion for dance and prepare you for success.

Our mission is to Empower dancers with qualifications, offering world-class education tailored to your needs and aspirations.

Thank you for choosing Toowoomba Ballet College.

We're excited to support your dance journey!



01. About Empowerdance

Empowerdance is Australia's leading Registered Training Organisation RTO 40397, delivering industry relevant National Qualifications in Dance for 13 years via partnerships with studios and schools. All courses are relevant, practical, and industry-aligned, meticulously designed by experienced dance and industry professionals.

Empowerdance is committed to delivering fair, reasonable and ethical dealings of its operations relating to and including:

- Client information
- Confidentiality (staff and client)
- Complaints and appeals
- Fee structures
- Training standards
- Marketing
- Access and equity
- WHS

All Empowerdance courses provide training that is over and above the requirements of the qualification. This is done to ensure that the quality of the product on course exit, meets industry standards.



Empowerdance policy dictates a strict adherence to relevant state and federal legislation relating to safety, industrial relations and access and equity. Our accredited courses are delivered in line with the Australian Quality Training Framework (AQTF) standards.

Toowoomba Ballet College proudly delivers Nationally Recognised courses in accordance to the standards set by Empowerdance, and is able to do so because of our partnership agreement.

02. Our Courses

COURSES	IDEAL FOR	PRE-REQUISITES	DURATION
CUA20120 Certificate II In Dance	for ages 13+ (Students in Level 2)	2+ years of dance experience and must be attending 3 genres a week	30 Weeks (1 year)
CUA30120 Certificate III In Dance	for ages 14+ (Students in Level 3)	3+ years of dance experience and must be attending 3 genres a week	45 Weeks (1 year)
CUA30320 Certificate III In Assistant Dance Teacher	for ages 14+ (Students in Level 3 who are interested in Assistant teaching)	3+ years of dance experience and must be attending 3 genres a week	45 Weeks (1 year)
CUA40120 Certificate IV In Dance	for ages 16+ (Students in Level 4)	4+ years of dance experience and must be attending 2 genres a week	45 Weeks (1 year)
CUA51520 Diploma of Dance (Elite Performance)	for ages 17+ (Students in Level 4)	5+ years of dance experience and must be teaching 2 genres a week	12-18 months

03.

CUA20120 Certificate II In Dance

IN PARTNERSHIP WITH
Empowerdance
PTY LTD
RTO: 40397

CUA20120 - CERTIFICATE II IN DANCE

The Certificate II in Dance is an enriching journey into the world of dance, not only focusing on mastering dance styles but also emphasizing problem-solving skills, safe dance practices, and physical fitness. Students have the opportunity to delve deeper into their chosen dance styles and work both independently and collaboratively within a group setting.

During this course, students will:

- Gain a clear understanding of safe dance practices, including classwork, warm-ups and cool-downs, proper alignment, and injury prevention.
- Learn fundamental knowledge of anatomy and movement principles to enhance their dance practice.
- Collaborate in groups to build strong communication, organisation, and time management skills, and grasp the importance of body language and behaviour skills that are valuable in everyday life.
- Explore the diverse creative arts industry and discover various opportunities available for students and career seekers.
- Enhance their knowledge of three dance styles through participation in classes, rehearsal processes, and performances, while appreciating stylistic feedback from teachers and mentors.
- Work towards achieving physical conditioning goals.
- Develop strategies to build resilience under the pressure of performance.



03. How It Works

IN PARTNERSHIP WITH
Empowerdance
 PTY LTD RTO: 40397

Program Overview

- Duration: 30 weeks of content delivered over 1 year.
- Weekly commitment: Once Weekly
- Aimed at expanding dancer's skills and competence Enhances choreographic skills, safe dance practice, and confidence Students study up to 3 genres/week of their choice Ideal for validating general dance studio participation and exploring various dance genres

Course Highlights

- Anatomy and body mapping
- Safe dance practice
- Occupational health and safety in the dance studio
- Designing a project in a group situation
- Weekly participation in various dance genres

Units

Students must complete 10 units in total to gain competency in the qualification:

Core units:

CUADAN211 Develop basic dance techniques

CUADAN212 Incorporate artistic expression into basic dance performances

CUAPRF211 Prepare for live performances

CUAWHS111 Follow safe dance practices

CUAWHS211 Develop a basic level of physical fitness for dance performance

CUAIND211 Develop and apply creative arts industry knowledge

Elective Units:

CUADAN215 Perform basic contemporary dance techniques

CUADAN216 Perform basic ballet techniques

CUADAN220 Perform basic lyrical dance techniques

CUADAN213 Perform basic jazz dance techniques

Assessment

- Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Delivery

- A blend of face-to-face and online, self-led learning.

04. CUA30120 Certificate III In Dance

IN PARTNERSHIP WITH
Empowerdance
PTY LTD RTO: 40397

CUA30120 - CERTIFICATE III IN DANCE

The Certificate III in Dance offers a holistic approach to dance education, blending practical training with theoretical knowledge and career exploration. By beginning with body conditioning and emphasizing self-care through strength and flexibility, students are equipped with essential tools for a sustainable dance future. A focus on career paths and self-awareness helps students envision their future in the dance industry, fostering a sense of purpose and direction.

During this course, students will:

- Work in a team to create a specific task-based project
- Develop an understanding of the mechanics around creating a project, for their assessment, coordinating meeting agendas and logistical details
- Create a small group dance piece. Students are carefully guided through choreographic choices and devices available to them and will arrange their work to perform to a live or virtual audience
- Understand anatomy, physiology, and the best conditioning methods to support their dance practice
- Increase strength, flexibility, stamina and mental preparedness for performance
- Develop the skills to assist a teacher in a block of dance classes. Students develop an understanding of teaching methods, learning styles, safe dance practices and environments. Students block a teaching year and term, with a clear understanding of how to work toward learning outcomes for students before creating individual lesson plans.
- Design a concept for performance setting or character profile, looking at the staging and audience configurations, or hair, makeup and costume designs.
- Plan a career to assist with their future visions
- Understand the expansive creative arts industry and the opportunities that are available to students and career seekers, locally, nationally and internationally.
- Students also have the opportunity to complete a day volunteering or working in the industry
- Develop a toolkit and the skills required to audition in the industry, including headshots, resumes and show reels
- Deepen their understanding of multiple dance styles, by taking classes, rehearsing solo and group routines for performance, and working towards industry relevant key performance indicators
- Develop their musicality and expressive skills, and learn to confidently improvise and partner other dancers
- Understand the importance of setting goals and working consistently towards meaningful targets.

04. How It Works

IN PARTNERSHIP WITH

 PTY LTD RTO: 40397

Program Overview

- Duration: 45 weeks of content delivered over 1 year
- Weekly commitment: 2 hour online session + 3min hours of studio dance classes
- Aimed at expanding dancer's skills to further their training and work on projects in a team
- Enhances choreographic skills, planning a career in the dance industry, safe dance practice, and confidence
- Students study up to 3 genres/week of their choice Ideal for validating general dance studio participation and exploring various dance genres.
- Also for students wishing to add credibility to their resume and potentially earn points or credits towards their Year 12 certificate while using their studio hours to achieve their certificate

Course highlights

- Participate in dance classes across various genres including classical ballet, street dance, contemporary, lyrical, acro, tap, jazz, and musical theatre.
- Manage a project within a team, designing a film clip or self-directed project.
- Learn choreography basics to create polished dance pieces for public performance.
- Develop industry-ready tools including a resume, showreel, and skills in costume and makeup design.

Units

Students must complete 13 units in total to gain competency in the qualification.

Core Units:

CUACHR311 Develop basic dance composition skills
 CUADAN331 Integrate rhythm into movement activities
 CUAIND311 Work effectively in the creative arts industry
 CUAPRF317 Develop performance techniques
 CUAWHS311 Condition the body for dance performance

Elective Units:

CUADAN316 Increase depth of ballet dance techniques
 CUADAN318 Increase depth of contemporary dance techniques
 CUADAN314 Develop dance improvisation skills
 CUADLT311 Develop basic dance analysis skills
 CUAPRF314 Develop audition techniques
 CUADTM311 Assist with dance teaching
 CUAIND314 Plan a career in the creative arts industry
 CUAMUP311 Prepare personal appearance for performances

04. How It Works Continued

IN PARTNERSHIP WITH
Empowerdance
 PTY LTD
 RTO: 40397

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Delivery

- A blend of face-to-face and online, self-led learning.



05. CUA30230 Certificate III In Assistant Dance Teaching

IN PARTNERSHIP WITH
Empowerdance
PTY LTD
RTO: 40397

CUA30230 - CERTIFICATE III IN ASSISTANT DANCE TEACHING

The Certificate III in Assistant Dance Teaching offers a comprehensive pathway for dancers who aspire to become dance teachers or who wish to contribute to the studio environment by assisting with younger students. This qualification focuses on essential workplace practices such as health and safety, teamwork, and effective communication, providing students with a solid foundation for their role as assistant teachers.

During this course, students will:

- Assist in planning and leading classes and develop an understanding of effective class structuring and the ability to lead sessions with clarity and assurance.
- Develop choreography skills and gain insights into the creative process of creating routines and analyse various movement techniques to enhance performance quality.
- Manage projects within a team, learning effective leadership skills and experience the dynamics of working collaboratively on a project, developing leadership abilities, and understanding team coordination.
- Learn the fundamentals of choreography to create engaging dance pieces. Students will be guided through the process of creating movements and using choreographic devices to produce a compelling dance piece.
- Understand health and safety practices in the studio environment. Learn the best practices for maintaining a safe dance studio, including injury prevention and proper equipment usage.
- Plan and organise dance classes and develop the skills needed to structure and prepare lessons, creating comprehensive class plans that cater to various learning styles and levels.
- Engage in the creation of musical arrangements, learning how to blend different pieces to enhance the overall production value.
- Explore concepts in lighting and staging for performances. Understand the aspects of performance production, including lighting design, to create visually appealing shows.
- Gain knowledge of how the body works, focusing on anatomy and physiology to support safe and effective dance practices.
- Cultivate self-care and self-awareness practices. Learn techniques for maintaining physical and mental well-being, essential for sustaining a long-term dance career.
- Develop the skills to create and apply makeup, style hair, and design costumes that enhance character portrayal and overall performance aesthetics.
- Create a roadmap for future career goals, understanding the various opportunities within the creative arts industry and developing a plan to achieve personal and professional aspirations.

05. How It Works

IN PARTNERSHIP WITH

 PTY LTD RTO: 40397

Program Overview

- Duration: 45 weeks of content delivered over 1 year.
- Weekly commitment: Once Weekly
- Aimed at expanding dancer's skills to further their training, learn teaching methods, and work on projects in a team
- Enhances choreographic skills, planning a career in the dance industry, safe dance practice, and confidence
- Students study up to 3 genres/week of their choice Ideal for validating general dance studio participation and exploring various dance genres.
- Also for students wishing to add credibility to their resume and potentially earn points or credits towards their Year 12 certificate while using their studio hours to achieve their certificate

Course highlights

- Participate in dance classes across various genres including classical ballet, street dance, contemporary, lyrical, acro, tap, jazz, and musical theatre.
- Get practical hours in the studio assisting teachers in various genres
- Manage a project within a team, designing a film clip or self-directed project.
- Learn choreography basics to create polished dance pieces for public performance.
- Develop industry-ready tools including a resume, showreel, and skills in costume and makeup design.

Units

Students must complete 12 units in total to gain competency in the qualification.

Core Units:

BSBWHS211 Contribute to the health and safety of self and others
 CHCECE033 Develop positive and respectful relationships with children
 CHCLEG003 Manage legal and ethical compliance
 CUADLT311 Develop basic dance analysis skills
 CUADTM311 Assist with dance teaching
 CUAMLT211 Develop musical ideas and knowledge
 CUAWHS413 Incorporate anatomy and nutrition principles into skill development
 HLTAID011 Provide first aid

Elective Units:

CUACHR311 Develop basic dance composition skills
 CUADAN316 Increase depth of ballet dance techniques
 CUADAN318 Increase depth of contemporary dance techniques
 CUADAN322 Increase depth of lyrical dance techniques

05. How It Works Continued

IN PARTNERSHIP WITH
Empowerdance
PTY LTD
RTO: 40397

Assessment

- Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Delivery

- A blend of face-to-face and online, self-led learning.



06. CUA40120 Certificate IV In Dance

IN PARTNERSHIP WITH
Empowerdance
PTY LTD RTO: 40397

CUA40120 - CERTIFICATE IV IN DANCE

The Certificate IV in Dance is an incredibly comprehensive and immersive program designed to equip aspiring dancers with the skills and knowledge needed to excel in the industry.

During this course, students will:

- Develop expert and powerful performances in multiple dance styles of their choice, through regular training and rehearsals
 - master their mentality around training, technique and performance
 - Be inspired by professional performances and practitioners
 - Learn a variety of techniques to move with ease, accuracy and alignment
 - Undertake customised conditioning to further their strength, flexibility, stamina and style
 - Create impactful solo and group pieces to perform to a virtual or live audience
 - Confidently choreograph and respond to music of different dynamics and styles
 - Confidently interact and partner with other dancers
 - Design and organise costuming, hair and makeup to enhance the audience experience and aesthetic of their choreography
 - Put together music tracks and design lighting to create a powerful performance
 - Set goals and tick their targets off as they achieve them
 - Design meeting agendas and learn skills to help with coordinating logistical details for productions and their own freelance services
 - Work with a mentor or teacher to plan a career in the industry
 - Develop their portfolio for their artistic self and create the materials and skills they need to audition and work in the industry
 - Increase their understanding of safe dance practice, injury prevention, and the skills required to sustain a long and fruitful career in the industry
 - Understand the expansive creative arts industry and the opportunities that are available to students and career seekers
- Find new and innovative ways of moving through improvisation

06. How It Works



Program Overview

- Duration: 45 weeks of content delivered over 1 year.
- Weekly commitment: Once Weekly
Aimed to enhance their training skills to meet industry standards and achieve their ultimate career goals in the dance industry.
- Enhances skills in choreography and performance techniques, professionalism and readiness for the performing arts industry, understanding of anatomy, self-care, and safe dance practices
- Students Study Up To: 13 units, including 6 core units and a minimum of 7 elective units
- Ideal for: Individuals serious about pursuing a career in dance looking to enhance their technical skills and professional knowledge in the performing arts

Course highlights

- Create impactful solo and group dance pieces, including choreography for stage and screen, with a focus on various dance styles.
- Learn about anatomy, self-care, safe dance practices, and injury prevention to sustain a long-term dance career.
- Develop a professional portfolio, plan and design a career in the performing arts, and set and achieve career goals.
- Enhance technical skills, perform with accuracy and alignment, and master training techniques and performance mentality.
- Understand the expansive creative arts industry, network with professionals, and learn the logistics of organizing and managing dance productions.
- Design and organize costuming, hair, makeup, music tracks, and lighting to enhance performance aesthetics.

Units:

Students must complete 13 units in total to gain competency in the qualification.

Core Units:

CUACHR413 Develop choreography skills

CUADAN313 Develop and apply dance partnering techniques

CUADAN417 Develop expertise in dance performance techniques

CUAPRF414 Develop movement skills for performance

CUAPRF415 Rehearse for performances

CUAWHS411 Apply movement and behavioral principles to conditioning

06. How It Works Continued

IN PARTNERSHIP WITH

 PTY LTD
 RTO: 40397

Elective Units:

CUACHR411 Create and perform dance pieces
 CUADAN418 Develop expertise in ballet techniques
 CUADAN419 Develop expertise in contemporary dance techniques
 CUADAN423 Develop expertise in lyrical dance techniques
 CUADAN432 Improvise advanced dance sequences
 CUADLT411 Document Dance
 CUAWHS413 Incorporate anatomy principles into skill development

Assessment

- Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short
- written reports, interviews, diagrams and student-based projects

Delivery

- A blend of face-to-face and online, self-led learning.



08. CUA51520 Diploma of Dance (Elite Performance)

IN PARTNERSHIP WITH
Empowerdance
PTY LTD RTO: 40397

CUA51520 - DIPLOMA OF DANCE (ELITE PERFORMANCE)

The Certificate IV in Dance Teaching and Management is an intensive and well-rounded program designed to equip dance teachers with both practical skills and theoretical knowledge necessary for success in the industry. By combining hands-on studio work with a comprehensive understanding of teaching principles, this course ensures that dance teachers are prepared to meet the current requirements and standards of the profession.

During this course, students will:

Train intensively to develop high-level strength, stamina, flexibility, and mental preparedness for professional performance work
Develop advanced technical and performance skills in a range of styles to ensure employability.

Learn how to hold the attention of an audience, with expression skills that impact an audience

Work with highly skilled dance professionals and choreographers to develop versatility for the industry

Develop an understanding of the anatomy and physiology of alignment and injury prevention to reach performances injury free and physically and mentally ready to perform at their best

Follow intensive physical conditioning programs and cross training to ensure they are prepared to meet the physical demands of their profession

Perform in elite group dance routines in a variety of dance styles

Prepare solos and learn skills to shine in audition and competition settings

Learn iconic dance repertoire in a range of dance styles

Develop nutritious meal plans to fuel them with the energy for elite dance performance

Set goals to achieve their dreams and ambitions and develop career plans and strategies for sustainable careers

Appreciate the intricacies, techniques and history of each dance style

Always follow safe dance practice- this is key

Learn how to choreograph impactful group and solo dance pieces

Learn how to develop the production elements of a show: costumes, props, music, lighting, staging and more!

Create and edit dance films and video footage

Learn how to conduct themselves when interacting with children in a performing arts environment

Attend industry development and performance opportunities

Develop grit, work ethic and resilience that they will carry with them through life

08. How It Works

IN PARTNERSHIP WITH
Empowerdance
 PTY LTD RTO: 40397

Program Overview

- Duration: 12-18 months
- Weekly Commitment: 1.5 hours online session + min 4 hours of studio dance classes
- Aimed to develop their teaching and leadership skills within the dance industry.
- Enhances: Skills in dance teaching, choreography, leadership, and management within the dance industry
- Students Study Up To: 14 units, including 7 core units and a minimum of 7 elective units
- Ideal for: Individuals serious about pursuing a career in dance teaching or leadership in the dance industry

Course highlights

- Learn to plan and lead classes with confidence and certainty.
- Master choreography for each genre with detailed analysis.
- Develop leadership skills while creating safe environments for the mental and physical health of students.
- Plan classes effectively to retain students.
- Design and utilize performance spaces creatively.
- Understand the anatomy and body systems relevant to dance.
- Emphasize self-care and self-awareness practices.
- Learn the essentials of makeup, hair, and costume design for performances.
- Strategize and plan for a successful career in dance teaching and management.



08. How It Works Continued



RTO: 40397

Units: Students must complete 17 units in total to gain competency in the qualification.

Core Units:

CUADAN517 Refine dance partnering techniques

CUADAN531 Refine dance techniques

CUAPPR512 Develop sustainability of own professional practice

CUAPRF511 Refine performance techniques

CUAPRF513 Prepare for and perform in competitive environments

CUAWHS413 Incorporate anatomy principles into skill development

CUAWHS511 Maintain a high level of fitness for performance

Elective Units:

CUADAN511 Refine ballet techniques

CUADAN512 Refine ballet performance skills

CUADAN515 Refine contemporary dance techniques

CUADAN518 Develop expertise in allied contemporary dance techniques

CUADAN520 Refine street dance techniques

CUACHR411 Create and perform dance pieces

CUACHR413 Develop choreography skills

CUACHR511 Create and perform complex dance pieces

CUAWHS406 Interact appropriately with children in performing arts environments

CUAWRT501 Write about dance

Assessment

- Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Delivery

- Flexible Study Options: Choose self-paced study, recognition of prior learning, or live online classes.
- Practical elements at your dance studio
- Comprehensive Support: Access course materials and assessments online with support from Empowerdance trainers.

09. Assessments & RPL

ASSESSMENTS INFORMATION

Empowerdance RTO 40397 conducts assessments in accordance with the assessment criteria specified in the course guidelines. Assessments encompass various methods, including accountability tracking, performance assignments, oral presentations, written projects, and class work. The choice of assessment methods is flexible and is determined by the course coordinator to best accommodate students' participation and RTO timetable scheduling.

Students are required to demonstrate competency in all areas to attain a competency mark of satisfactory. They are afforded two fair and equal opportunities for assessment in all units. However, Empowerdance reserves the right to allow additional assessment opportunities under special circumstances where the assessment outcome is negatively impacted or when a valid case is presented by the student.

All assessment results and details are recorded and maintained for auditing purposes. If applicable, these records will be submitted to or included in reports to the Registering Body. In adherence to Empowerdance policies, clients have access to their personal information and are notified of all outcomes in writing.

Recognition of Prior Learning (RPL) Information

In some cases, students may be able to apply for RPL if they have previously achieved the learning outcomes for an accredited unit through Nationally Recognised Training. Empowerdance will offer RPL for all units where there is enough evidence to support the application. The availability of RPL will depend on the students' experience, qualifications and evidence as well as relevant training package guidelines. Students will be informed in writing with the results of the RPL application prior to the commencement of the relevant course session.

10. Pricing

Certificate II In Dance

\$1210 (\$605 deposit payable upon enrolment)

Certificate III In Dance

\$1650 (\$825 deposit payable upon enrolment)

Certificate III In Assistant Dance Teaching

\$1798 (\$899 deposit payable upon enrolment)

Certificate IV In Dance

\$2400 (\$1200 deposit payable upon enrolment)

Diploma in Dance (Elite Performance)

\$2800 (\$1400 deposit payable upon enrolment)

The above amounts are;

- inclusive of the Deposit amount
- additional to Base College Fees
- to be paid in full by the 1st June of the enrolment year

If a student wishes to continue their course past two years,
additional costs will be incurred.

12. Contact Information

Have questions or enquiries? Reach out to us at
college@toowoombaballettheatre.com.au



[Instagram/tbcollege](https://www.instagram.com/tbcollege)



[Facebook/toowoombaballettheatre](https://www.facebook.com/toowoombaballettheatre)



www.toowoombaballettheatre.com.au/college

Contact: college@toowoombaballettheatre.com.au

Address: 9 Railway Street
Toowoomba City
QLD 4350

Thank you!

We're thrilled at the opportunity to share our passion for dance education with you.

Thank you for choosing Toowoomba Ballet College. We are excited to welcome you into our community and help you reach your dance goals.

Ready to shine? Let's do this!